

LOGISTICAL GUIDE

2026 SUMMER SCHOOL



Thinking First Peoples' Self-Determination

Indigenous sovereignties and intellectual traditions

Overview

This guide contains all the practical information for the course taking place August 10–15, 2026, at Saint Paul University in Ottawa: addresses for the residence halls and the university, the schedule, and nearby locations (restaurants, grocery stores, pharmacies...).

We recommend that you keep it handy during your stay.



CHAIRE DE RECHERCHE
traditions intellectuelles
et autodétermination(s)
DES PREMIERS PEUPLES



Important Addresses



St. Paul University
223 Main Street
Ottawa (Ontario) K1S 1C4
Phone : 613-236-1393



St. Paul University Residences
150 Hazel Street
Ottawa (Ontario) K1S 5T8
Phone : 613-236-3131



Residence Hall



On the day of your arrival, please check in at the front desk and provide your first and last name. A list of participants will have been prepared in advance to facilitate your check-in. You will then receive the keys to your room and can settle in at your leisure.

Classrooms



Classes will be held in room G104.

Access Main entrance. You can also access it through the back door of the residence from the parking lot.

Floor First floor.

Room Second classroom on the left down the hallway. There will be signs to help guide you. Staff will also be on hand on the first evening and morning to help you find your way.

Parking



Upon your arrival, let us know that you came by car and we will provide you with a parking pass from the University, so you can use the University's parking lots for free for the week. Free parking is also available in the streets around campus (limited spots).

Meals



When ? Breakfast and lunch are provided for every one of the six (6) days of the School.

Where ? Breakfast will be served at the Atrium (next to the cafeteria), and lunch will take place in the multifunctional room ("Salle multifonction", near the Oasis).

Schedule



Sunday August 9th

- Arrival of guests and students based outside the Ottawa region.

Monday August 10th to Saturday August 15th

- Classes start at 9:15am
- Lunch break : 12:00pm - 1:15pm
- Afternoon classes : 1:15pm - 4:30pm

Saturday's classes will start at 10:00 am to leave enough time to those who will leave the Residences.

Sunday August 16th

- Departure of guests and students. It is important to vacate your room in the morning.

Nearby Cafés and Restaurants (Main Street)



The Green Door — 198 Main Street — vegetarian/vegan buffet, priced based on weight.

Café Qui Pense — 204 Main Street — coffee and baked goods.

Tartelette Bakery & Café — 175 Main Street — bakery and café.

Jfuse — 175 Main Street — Japanese fusion cuisine.

Happy Goat Coffee — 145 Main Street — café, good place to study or read.

Café Urban — on campus, 223 Main Street — St. Paul University cafeteria.

Ottawa Farmers' Market — 185 Main Street — Saturday from 9:00am-2:00pm.

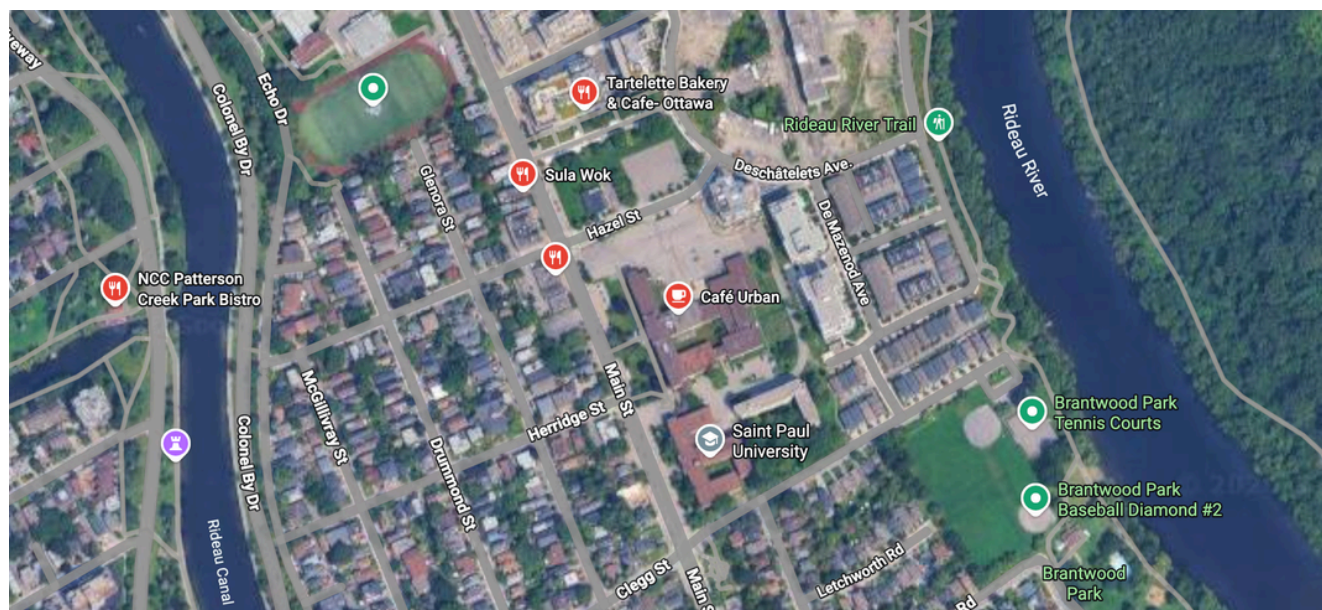
Grocery Stores and Pharmacies



NU Grocery — 143 Main Street — zero-waste grocery store, within walking distance (~5-7 min).
Closed on Mondays.

Loblaws — 64 Isabella Street — proper supermarket, ~15-18 minutes walking or a few minutes by car.

Watson's Pharmacy and Compounding Centre — 192 Main Street — pharmacy within walking distance (~2-3 min).

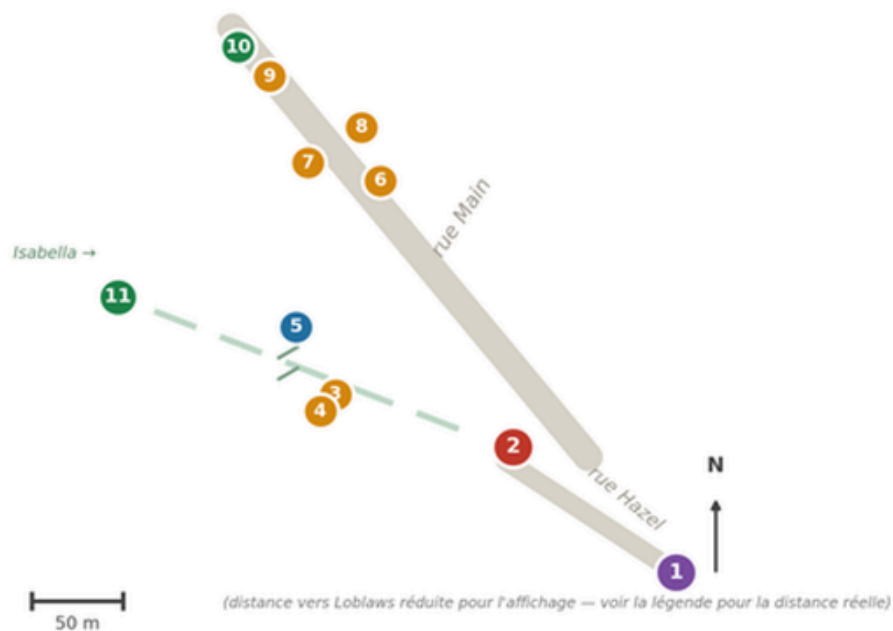


Map of the Surrounding Area



Here is a map showing the location of the residence, the campus, and the shops mentioned above, all of which are within walking distance of Main Street.

Map of the surrounding area—residential area, campus, and shops (actual locations, Main Street, Ottawa)



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|---|--|
| 1 Résidence Université Saint-Paul — 150, rue Hazel | 7 Jfuse — 175, rue Main |
| 2 Université Saint-Paul — 223, rue Main
hébergement des étudiant.e.s | 8 Tartelette Bakery & Café — 175, rue Main
cuisine fusion japonaise |
| 3 The Green Door — 198, rue Main
salle de cours G1130 | 9 Happy Goat Coffee — 145, rue Main
boulangerie-café |
| 4 Café Qui Pense — 204, rue Main
buffet végé / végane | 10 NU Grocery — 143, rue Main
café |
| 5 Watson's Pharmacy — 192, rue Main
café / pâtisseries | 11 Loblaws — 64, rue Isabella
épicerie zéro déchet (fermé lundi) |
| 6 Marché fermier d'Ottawa — 185, rue Main
pharmacie | |

épicerie complète — ≈850 m, 15-18 min à pied

Questions ?



If you have any questions regarding this guide, please feel free to contact the organizing team.

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